

Yippee ki-Yay Creativity Rocks

In this segment we are going to be whittling...whittling down our gifts and talents from hundreds to five...the top 5 most meaningful gifts you have to offer the world. Pretty heavy stuff...nope, it's just what every smart cowgirl and cowboy needs to do...discover your own personal Yippee ki-YAY Creativity Rocks!!!

I have a PDF for you on Cre8tive Compass dot com. It is a list of a hundred or so gifts, talents and values. To find it, just click on FUN Freebies, TV Show and look for Creativity Rocks. There you will find a place to begin your list.

Remember, to be honest and authentic. This is just for you...you never have to share this list with anyone.

Simply print out this list and mark the ones which most resonate with you as you read thru the first time. Just kind of read quickly through and tick off any that speak to you. As you scan the list, you may find that while most values have little or no significance to you (and some may even seem negative to you), there are those values that just jump right off the page and call to you. You feel, "Yes, this value is part of me." That's what we are after.

Now, go through the list again and find the ten that you feel are most part of your gifts and talents. Write these on a piece of paper and put then list aside.

Then when you have identified ten, imagine that you are only permitted to have five gifts. Which five would you give up? Cross them off your list.

This is where we stop today, but you could continue and whittle this list down to your top gift indeed!!\

Here's how:

I know some of you may want to have more than five and you can certainly have more than 5 rocks

Now imagine that you are only permitted four. Which would you give up? Cross it off.

I guess you see where we are going here. Now cross off another, to bring our list down to three.

And another, to bring our list down to two.

Finally cross off one of your two values. Which is the one item on the list that you care most about?

Yippee ki-YaY! Creativity Rocks!!!

List of Gifts

Accomplishment	Dignity	Hopefulness	Recognition (need for)
Accountability	Diligence	Hospitality	Regularity
Accuracy	Discipline	Humility	Reliability
Achievement	Discretion	Humor	Resourcefulness
Acknowledgement	Discipline	Independence	Respect for others
Adaptability	Discovery	Individuality	Resourceful
Adventure	Diversity	Ingenuity	Responsiveness
Ambition	Dreaming	Inner peace	Results-oriented
Approachability	Drive	Innovation	Safety conscious
Articulate	Dynamism	Integrity	Security
Assertiveness	Efficiency	Intelligence	Self-giving
Assurance	Effectiveness	Intensity	Self-reliance
Attentiveness	Efficiency	Intuition	Self-thinking
Beauty	Elegance	Joy	Service (to others, society)
Calmness	Empathy	Justice	Silliness
Camaraderie	Encouragement	Kindness	Simplicity
Candor	Endurance	Knowledge	Solving Problems
Care	Energy	Leadership	Spirit in life
Celebrity	Enjoyment	Liveliness	Spunk
Charity	Enthusiasm	Location	Stability
Charm	Equality	Logic	Status
Cheerfulness	Excellence	Love, Romance	Strength
Clarity	Exhilaration	Loyalty	Success
Cleanliness	Expertise	Making a difference	Surprise
Clear-minded	Expressiveness	Mastery	Sympathy
Cleverness	Extroversion	Maturity	Systemization
Challenge	Fairness	Meekness	Teamwork
Change	Faith	Mellowness	Thoughtful
Cleanliness, orderliness	Faithfulness	Meticulousness	Timeliness
Collaboration	Family	Mindfulness	Tolerance
Commitment	Fearlessness	Modesty	Tranquility
Communication	Fitness	Motivation	Trust
Community	Flair	Mysteriousness	Truthfulness
Compassion	Flexibility	Neatness	Understanding
Competence	Focus	Openness	Unflappability
Competition	Fortitude	Optimism	Unity
Concern for others	Freedom	Original	Uniqueness
Confidence	Friendliness	Organization	Valor
Connection	Fun	Patriotism	Vivacity
Contentment	Generosity	Peace, Non-violence	Vigor
Continuous improvement	Global viewpoint	Perfection	Vision
Cooperation	Good will	Perkiness	Warmth
Coordination	Goodness	Personal Growth	Wisdom
Courage	Grace	Pleasantness	Wonder
Craftiness	Gratitude	Popularity	Zeal
Creativity	Happiness	Power	
Curiosity	Hard work	Practicality	
Daring	Harmony	Preservation	
Decisiveness	Health	Prestige	
Delight of being, joy	Heart	Privacy	
Democracy	Helpfulness	Progress	
Dependability	Heroism	Prosperity, Wealth	
Determination	Holiness	Punctuality	
Devotion	Honesty	Quality of work	
Dexterity	Honor	Realism	